Bicycling the Outer Banks Region



About The Map

Looking at a map of North Carolina, your eye is drawn to the strip of barrier islands known as the Outer Banks. Exhilarating visions of bicycling, sun and surf soon begin to take shape. Before you know it, you're planning a bicycle tour. While a trip along the length of the islands is a pretty obvious choice, you may be unaware of the expanded touring options made possible by including portions of the mainland in your titnerary.

This map is designed to outline these options. On the map, three loop and two linear routes are highlighted. The outer loop covers 285 miles, a good week-long tour for most riders. The shorter loops cover approximately 140 miles each, providing good three-to-four day rides. The two linear routes highlight a connector to Virginia (65 miles) and a connector from the Beaufort area to the Ports of Call Bicycling Highways route. These linear routes are intended as off-season options, only. During the summer months, traffic is very heavy and a tour

season options, only. During the summer months, traffic is very heavy and a tour through these areas is not recommended. In addition to outlining your coastal touring options, this map shows the network of major roads, geographical features, and larger towns and villages. Overlay information highlights campgrounds, towns with motels or inns, major points of interest, busy portions of the route, distance between points, ferry connections and commercial airports. Also shown are the coastal portions of four "Bicycling Highways" long distance touring routes.

Armed with this map and the information from the additional sources listed in this brochure, we're sure your coastal bicycle trip will be one that you never forget.