

Bicycling Lenoir County Style

ABOUT THE MAP

Lenoir County, endowed with roads that traverse an agriculturally-rich and gentle terrain, is a joy for bicycle travelers. The county's Bicycle Route system lends itself well to short and long day trips, yet provides enough variety to bicycle for a whole weekend. In addition, the Ocracoke Option, a cross-state route from Wilson to the Cedar Island ferry to Ocracoke passes through Lenoir County, expanding the possibilities for bicycle adventure even more.

This map was developed to enable you to understand the different bicycle trip options. The routes shown on this map are marked by numbered bike route signs. "Share the Road" signs are posted in areas where traffic is heavier and more caution should be taken. Despite these roadside aids, this map will be your most accurate guide since signs do sometimes disappear.

The five bicycle routes, marked in red on the map, are designated along more lightly-traveled and scenic roads. Areas which warrant extra caution are highlighted with a thicker light red line. Names are shown for all roads which are part of a route or which intersect a route. Secondary road numbers are shown for all other roadways. The location of country stores is indicated by a gray square, points of interest locations are highlighted with blue stars and the campground location is marked with a tent symbol. An enlargement of Kinston is included to make finding your way through town easier. The accompanying mileage chart indicates distances between towns via the designated bicycle routes.

With its level landscape, its quiet, winding roads, the pleasant climate and the friendliness of its people, Lenoir County offers a variety of bicycling adventures. So once you get acquainted with the routes on this map, plan a trip and get going!

SERVICES

The towns and crossroads of Lenoir County provide every need for an enjoyable bike trip. Country stores dot the rural areas; grocery stores, restaurants, and overnight accommodations can be found in Kinston. Camping facilities are available at the Neuseway Nature Center in Kinston and nearby at Cliffs of the Neuse State park in neighboring Wayne County.

Since Bill Fay Park, in Kinston, is the "hub" of the bicycle route system and has ample parking facilities, it is a good place to start your trip.

SAFETY TIPS

In North Carolina, the bicycle is legally considered a vehicle, thus giving bicyclists full rights and responsibilities on the roadway. Bicycle riders are subject to all regulations governing other vehicle drivers and should:

- always ride on the right, with the flow of traffic
- obey all traffic signs and signals
- signal all turns
- equip their bicycle with a front headlight and rear reflector for riding at night

In addition, bicyclists should ride defensively and predictably and take these precautions:

- always wear a helmet
- ride single file
- look ahead for sand, loose gravel, wet leaves or other hazards
- wear bright clothing
- avoid night riding, especially in rural areas
- be sure your bicycle is the right size and in good repair

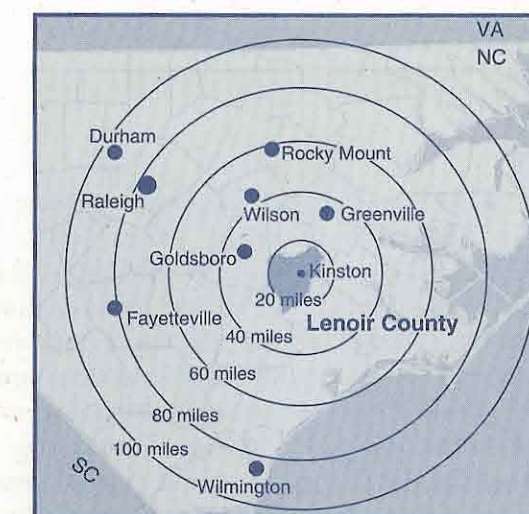
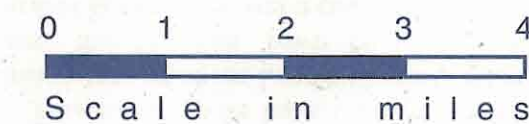
For information on other bicycle maps, safety materials, or a calendar of bicycle events, contact:

Division of Bicycle and Pedestrian Transportation
PO Box 25201
Raleigh, NC 27611
phone (919)733-2804 or fax (919)715-4422

LEGEND

- 40 County Loop
- 41 Loftin's Spoke
- 42 Garden Spot Spoke
- 43 Connector Spoke
- 44 Oak Tree Spoke
- 45 Tractor Spoke
- 7 Ocracoke Option

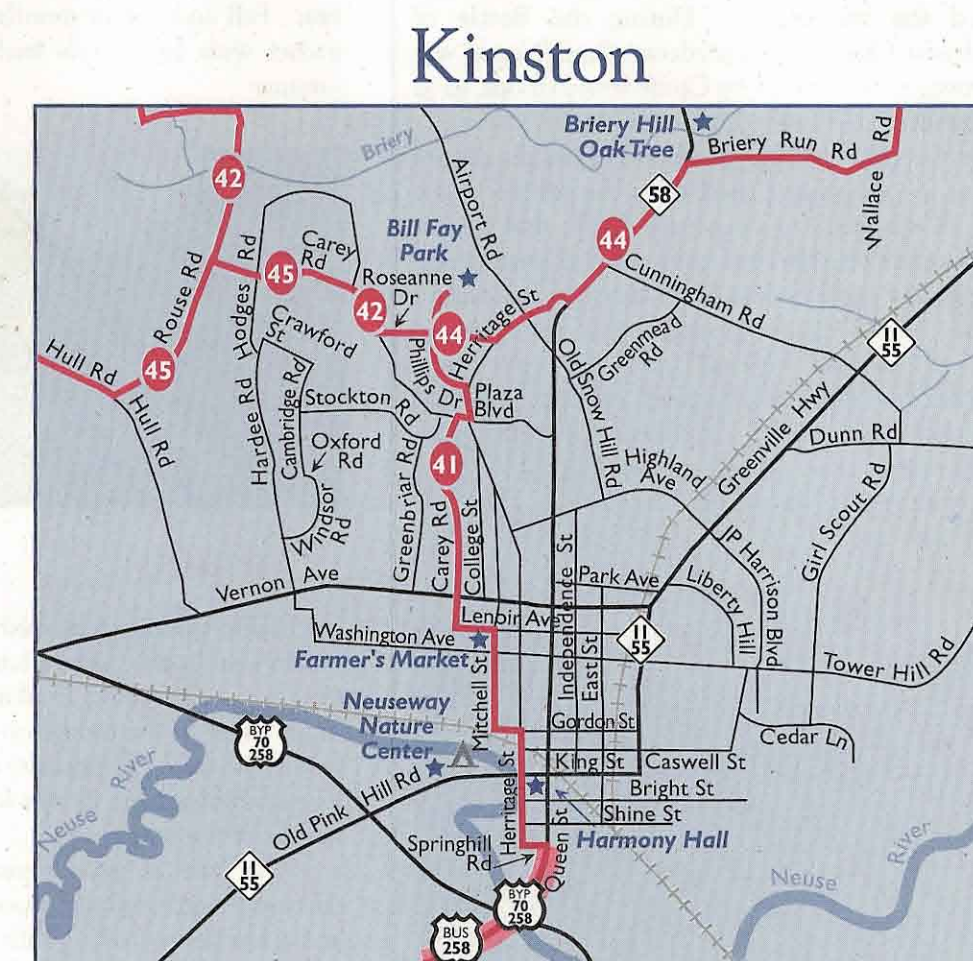
- Airport
- Points of Interest
- Grocery Store
- Camping
- Bike Routes
- Paved Roads
- Unpaved Roads
- Busy Area
- Major Highways
- Creeks and Rivers
- Railways



Distance from surrounding cities to Kinston



For additional maps or information contact:
Kinston - Lenoir Parks & Recreation Department
405 N. McLowen St.
Kinston, NC 28501
(919) 939-3332
Kinston Convention and Visitors Bureau
PO Box 157
301 N. Queen St.
Kinston, NC 28502
(919) 523-2500



	Grainers	Grifton	Institute	Jenny Lind	Kinston	LaGrange	Loftin's Crossroads	Pink Hill	Sandy Bottom
Grainers	34								
Grifton	41	7							
Institute	22	14	20						
Jenny Lind	12	25	30	11					
Kinston	19	9	14	11	18				
LaGrange	15	21	25	7	4	18			
Loftin's Crossroads	10	24	31	27	17	9	21		
Pink Hill	10	43	50	28	18	31	21	19	
Sandy Bottom	12	34	42	17	7	20	10	10	18

