

# DURHAM BIKE & HIKE MAP

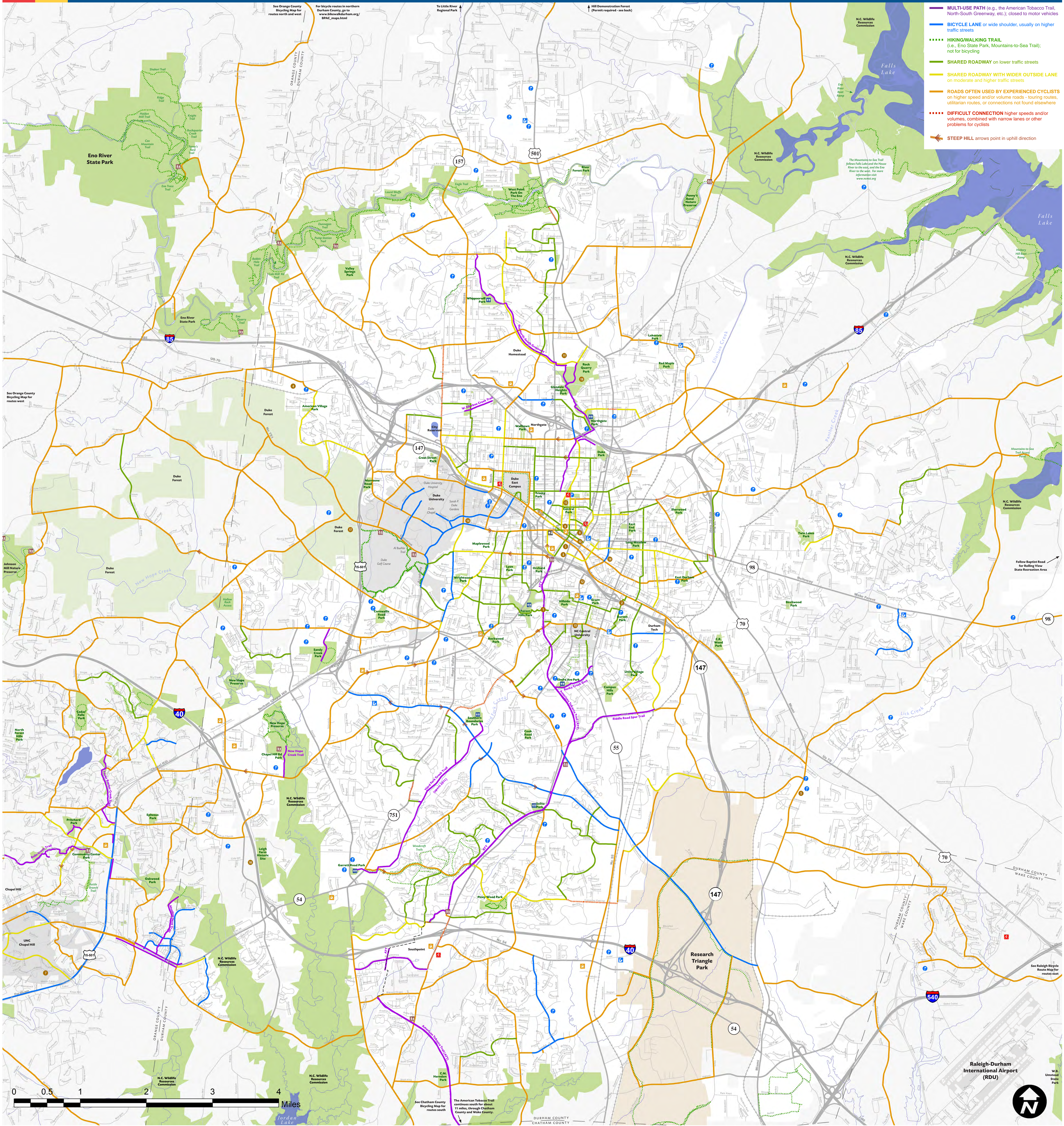
2010

This map shows some great places in Durham for bicycling and hiking. This is the first version of this map—please share your ideas for improving future versions by visiting [www.durhamnc.gov/departments/transportation/bike\\_hike\\_map\\_comments.cfm](http://www.durhamnc.gov/departments/transportation/bike_hike_map_comments.cfm)

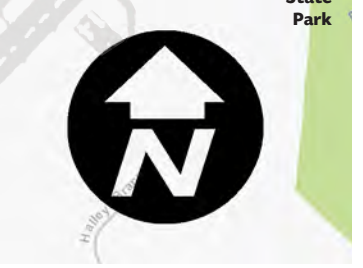
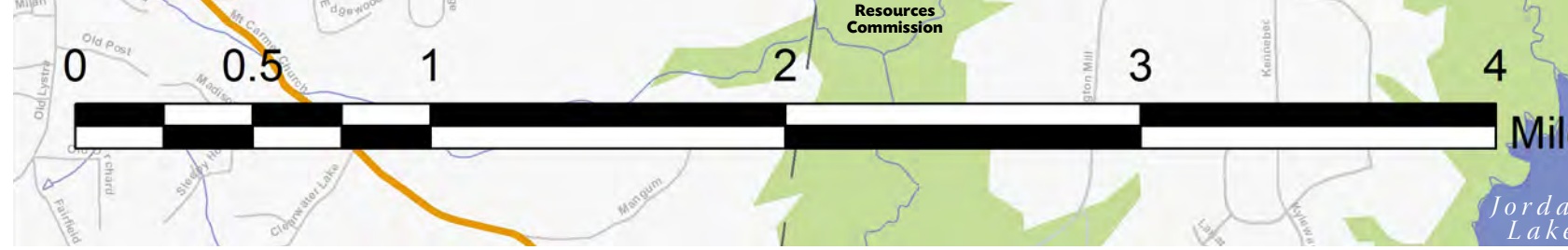


- Trailheads/Parking
- Bicycle Shop
- Library
- School
- Major Shopping
- Transportation Center
- Parks with Restrooms (Apr. 15 - Oct. 15 2009)
- County Boundaries
- ATT Future Project
- Rail Road
- Rivers, Lakes, and Creeks
- Parks and Open Space
- Research Triangle Park
- Durham City Limits

- Points of Interest**
- 1. ATT Access Point
- 2. Durham Ferryway Bike/Ped Bridge
- 3. Durham Performing Arts Center
- 4. Bennett Place State Historic Site
- 5. BroadSt. Station
- 6. Carolina Theater/Convention Center
- 7. Dean Smith Center
- 8. Durham Bulls Athletic Park
- 9. Durham City Hall
- 10. Durham County Courthouse
- 11. Durham County Stadium
- 12. Hayti Heritage Center
- 13. Historic Durham Athletic Park
- 14. Nasher Museum of Art
- 15. NCCU Art Museum
- 16. Patterson's Mill Country Store
- 17. Finner's Center
- 18. Golden Bell Studios
- 19. NC Museum of Life and Science



- MULTI-USE PATH (e.g., the American Tobacco Trail, North-South Greenway, etc.); closed to motor vehicles
- BICYCLE LANE or wide shoulder, usually on higher traffic streets
- HIKING/WALKING TRAIL (i.e., Eno State Park, Mountains-to-Sea Trail); not for bicycling
- SHARED ROADWAY on lower traffic streets
- SHARED ROADWAY WITH WIDER OUTSIDE LANE on moderate and higher traffic streets
- ROADS OFTEN USED BY EXPERIENCED CYCLISTS on higher speed and/or volume roads - touring routes, utilitarian routes, or connections not found elsewhere
- DIFFICULT CONNECTION higher speeds and/or volumes, combined with narrow lanes or other problems for cyclists
- STEEP HILL arrows point in uphill direction



See Orange County Bicycling Map for routes west

See Orange County Bicycling Map for routes north and west

For bicycle routes in northern Durham County, go to [www.khwa.com/durham.org/WNC\\_map.html](http://www.khwa.com/durham.org/WNC_map.html)

The Little River Regional Park

Hill Demonstration Forest (Permit required - see back)

N.C. Wildlife Resources Commission

The Mountains-to-Sea Trail follows Falls Lake and the Neuse River to the east and the Eno River to the west. For more information visit [www.mts.org](http://www.mts.org)

Fellow Baptist Road for Rolling View State Recreation Area

Raleigh-Durham International Airport (RDU)

W.B. Umstead State Park

See Chatham County Bicycling Map for routes south

The American Tobacco Trail continues south for about 11 miles, through Chatham County and Wake County.

DURHAM COUNTY





# BICYCLING IN THE BULL CITY

In the State of North Carolina, bicyclists have the same rights and duties as motorists. For a complete list of NC bike laws, visit [www.ncdot.gov/bikeped/](http://www.ncdot.gov/bikeped/)

- Obey Traffic Signs and Signals:** Stop at stop signs, yield to traffic when necessary and use hand signals to indicate turning movements.
- Ride on the Right Side of the road,** in the same direction as traffic. Also, ride single file when possible on busy roads.
- Use Lights at Night** and always wear reflective clothing and turn on front/rear lights.
- Always Wear a Helmet** - Nine out of 10 cyclists killed in 2008 weren't wearing a helmet.
- Leave Your Headphones at Home:** Blocking out your ability to hear approaching traffic and cross traffic is reckless - save the music for later.
- Make Eye Contact with Drivers** to announce your presence and confirm that they see you.
- On Trails, Don't Speed:** Bicyclists will typically be the fastest traffic on a trail. If your speed endangers other trail users, check for alternative routes or consider riding on the road.
- On Trails, Give Audible Signal When Passing:** Give a clear warning signal before passing using voice, bell, or horn. A typical bicyclist may yell, "On your left" before passing.

**Below: Durham Bike Co-op member fixes bikes for free at Old West Durham's spring block party - West Fest.**

**Bicycle and Pedestrian Advisory Commission**  
Residents can stay up-to-date with all bicycling and pedestrian activities by visiting the Durham Bicycle and Pedestrian Advisory Commission (BPAC) web site at [www.bikewalkdurham.org](http://www.bikewalkdurham.org). BPAC meets at 7:00pm, the third Tuesday of each month, in the Durham City Hall conference room. The public is always invited.

**Bikes on Buses**  
1. Before the bus arrives at your stop, please make sure that bike pumps and water bottles are secure so that they do not fall off during the bus trip.  
2. When the bus arrives at your stop, indicate to the driver that you will be loading your bicycle onto the rack. Remember to load closely before stepping off the curb to load and unload your bike.  
3. To release the rack, squeeze the center handle and slowly lower it. If the rack is already lowered and a bike is in position, use the other available bike wheel. If the bike rack is full, please wait for the next available bus.  
4. After lowering the rack, lift your bicycle into the available wheel well, making sure that the front wheel is placed on the side labeled "front wheel." If only one bike is being loaded, use the position nearest the bus, handrails and toward the curb.  
5. Pull out and up on the support arm and hook the arm securely over the top of your front wheel. A spring pulls the arm back and holds the bike securely in place.  
6. When you reach your destination, notify the driver that you will be unloading your bicycle and use the front door to exit the bus. Raise the support arm up off the tire and return it to its original position.  
7. Lift your bike out of the bike rack. If the bike rack is empty, please return the rack to its upright position.  
8. Step away from the bus and onto the curb with your bike. Indicate to the Operator that you are clear of the bus.

**Durham Bike Co-op**  
The Durham Bike Co-op is a direct-service program designed to encourage the use of bicycling as a mode of transportation and recreation. The Co-op directs hands-on skill share programs for Durham youth and adults centered on bicycle repair and maintenance. Programs include community bike workshops, mobile repair clinics, and an earn-a-bike program pairing those in need of bicycles with skilled volunteers to rebuild and repair donated bikes. [www.durhambikecoop.org](http://www.durhambikecoop.org)

**Maintenance, Repair, and Emergencies**  
Contact Durham One Call at 560-2820 to submit requests for maintenance and repairs, such as street cleaning, potholes, traffic signs and signals, trail and sidewalk maintenance, etc. See on-line form at: [www.durhamnc.gov/departments/onecall/online\\_index.cfm](http://www.durhamnc.gov/departments/onecall/online_index.cfm)

To report street light outages, contact Duke Energy at 1-800-777-9898.

Call 911 for life threatening or in-progress emergencies. To report non-emergency events that do not need an immediate response by a public safety agency, call (919) 560-4600.

**Bicycle Parking**  
The City of Durham provides bicycle parking through the CityRacks program. In addition, bike racks are typically required for new development sites. City-installed bicycle racks are located on public property. A map and list of bicycle rack locations can be accessed at [www.durhamnc.gov/departments/transportation/bikerack\\_form.cfm](http://www.durhamnc.gov/departments/transportation/bikerack_form.cfm)

To request a specific location for a new rack go to the web site above or contact Durham's Bicycle and Pedestrian Coordinator at (919) 560-3366, extension 36421.

# PARKS, TRAILS, AND OPEN SPACE

**Durham Parks and Recreation**  
Durham Parks and Recreation strives to help citizens discover, explore, and enjoy life through creative and challenging recreational choices that contribute to their physical, emotional, and social health. Visit this site as your guide in planning healthy, fun, and quality activities for you and your family: [www.DPRPlayMore.org](http://www.DPRPlayMore.org)

**Durham Open Space and Trails Commission (DOST)**  
DOST fosters the wise use of Durham's natural resources and advises the City Council and the County Board of Commissioners on matters relating to open space preservation and trail development. Their web site also has local trail maps available for download: [www.durhamost.org](http://www.durhamost.org)

**American Tobacco Trail (ATT)**  
This 22-mile rail-to-trails project connects Durham, Chatham, and Wake counties. The trail also passes near Lake Jordan and is part of the East Coast Greenway (see [www.greenway.org](http://www.greenway.org)). For color maps of the entire trail and regional trail information, visit: [www.triangletrails.org](http://www.triangletrails.org)

**Durham Farmers' Market**  
Located in the Pavilion at Durham Central Park, this market is open year round on Saturdays, rain or shine! Plus, from May to September you can stop by after work on Wednesdays 3:30 to 6:30pm. This is a producer-only market featuring the produce and wares of more than 50 vendors, all of whom are located within 70 miles of the market. For details on events and available produce, visit: [www.durhamfarmersmarket.com](http://www.durhamfarmersmarket.com)

**The NC Mountains-to-Sea Trail (MST)**  
The Mountains-to-Sea Trail stretches 1,000 miles from Clingmans Dome in the Great Smoky Mountains to Jockey's Ridge on the Outer Banks. Durham's portion of the MST will follow the Eno River to Falls Lake. For more info, go to: [www.ncmst.org](http://www.ncmst.org)

**How long will it take to walk to parks and other places in Durham?**  
A good rule of thumb for walking is that one mile, round trip, for the average person is about 2,000 steps and takes about 20 minutes.

**Duke Forest**  
The Duke Forest is private land owned and managed by Duke University as an outdoor laboratory. Limited public recreation is permitted in the Duke Forest as long as it does not conflict with teaching and research projects. Permissible activities include hiking, biking, and horseback riding on the established roads, as well as fishing and picnicking. Group activities must be approved in advance. More information can be found on the web: [www.dukeforest.edu](http://www.dukeforest.edu)

**Durham has more than 60 parks and recreation areas. Below is information about two popular places that are outside of the city covered by this Bike & Hike Map (both in the northern part of Durham County).**

**Hill Demonstration Forest**  
The G. W. Hill Demonstration Forest is a 2,450-acre forest in Durham County that has been a very important part of NC State's Department of Forestry and Environmental Resources for decades. Hill Forest is economically self-sustaining through timber sales and usage fees. For a recreational permit application and other information, visit: <http://cnr.ncsu.edu/fer/>

**Little River Regional Park and Natural Area**  
The Little River Park and Natural Area features 7+ miles of hiking trails and 8 miles of single-track mountain biking trails. There are also 2 picnic shelters with grills, public rest rooms, and a great playground (see map below). For more information, visit: [www.co.orange.nc.us/recparks/little\\_river\\_park.asp](http://www.co.orange.nc.us/recparks/little_river_park.asp)

## Downtown Legend

- Bicycle Organization
- Bus Stop
- Durham Station
- Parks + Plazas
- Traffic Light
- Buildings

**HIKING/WALKING TRAIL**  
For this downtown map, this mainly refers to the wide sidewalks that link the North-South Greenway (top of the map) to the American Tobacco Trail (bottom of the map)

**MULTI-USE PATH**  
E.g., the American Tobacco Trail North-South Greenway, etc.)

**SHARED ROADWAY**  
on lower traffic streets

**BICYCLE LANE**  
or wide shoulder, usually on higher traffic streets

**SHARED ROADWAY WITH WIDER OUTSIDE LANE**  
on moderate and higher traffic streets

**ROADS OFTEN USED BY EXPERIENCED CYCLISTS**  
on higher speed and/or volume roads - touring routes, utilitarian routes, or connections not found elsewhere

**DIFFICULT CONNECTION**  
higher speeds and/or volumes, combined with narrow lanes or other problems for cyclists

## Downtown Restaurants

1. 2 Zero 1	27. Piazza Italia	52. TOSCA
2. Alvin's Durham Bistro	28. Piedmont	53. Tyler's
3. Amelia Café	29. Pollo La Carbonera	
4. Aramark Cafeteria	30. Pop's Trattoria	
5. Aaang's Café	31. Rainbow Chinese	
6. Blue Coffee Café	32. Revolution	
7. Chamas	33. Rue Cler	
8. Cuban Revolution	34. Rue Cler Bakery/Café	
9. Blue Mountain Catering	35. Sabalella Café	
10. The District at 410	36. Scratch Bakery	
11. Domino's Pizza	37. Subway (on Main)	
12. El Guajallos	38. Subway (on Lakewood)	
13. El Rodeo	39. Taverna Nikos	
14. Hart's Carryout Café	40. Toast	
15. Fishmonger's	41. Toreno's	
16. JC's Kitchen	42. Dos Perros	
17. King's Sandwich Shop		
18. McDonald's		
19. Mellow Mushroom		
20. Mi Fuji		
21. Not Just Wings		
22. Ninth Street Bakery		
23. Palermo Deli		
24. Papa John's		
25. Parker and Otis		
26. Parrish Street Take-Out		

**Restaurants w/ Nightlife**  
43. Beys Café  
44. Bull McCabe's  
45. Devine's  
46. Under Pub  
47. Federal  
48. Fullsteam Brewery  
49. James Joyce Irish Pub  
50. Satisfaction  
51. Tobacco Road Sports Café

**List adapted from the Durham Convention and Visitors Bureau. For official Durham Visitors Guides, Downtown Durham Walking Tours, and information on things to see and do go to: [www.durham-nc.com](http://www.durham-nc.com)**

**For more information on Downtown Durham, go to: [www.downtowndurham.com](http://www.downtowndurham.com)**

## Transit Information

**Durham Station**  
Durham Station is the main transfer point for Durham Area Transit Authority (DATA) and Triangle Transit buses in Durham. Greyhound bus service and taxi service is also available at Durham Station.

**Plan your Bus Trip**  
You have so many transit choices, not all could fit on this map! Rather than showing bus routes, only the bus stops are shown to give an idea of where you can catch a ride. Visit [GoTriangle.org](http://GoTriangle.org) to use the online Transit Trip Planner. The trip planner will tell you which bus to take, what time it arrives at your stop, how long your trip will take, and how much it costs. You can use [GoTriangle.org](http://GoTriangle.org) to plan your trip on DATA, Cary Transit, CAT, Chapel Hill Transit, the NCSU Wolfline and Triangle Transit.

**Bike, Walk, and Telecommute**  
[www.GoTriangle.org](http://www.GoTriangle.org) also features helpful information on these modes.

**Share the Ride**  
Find your next carpool partner by registering on-line. Just enter in your home address, work address, schedule and carpool partner preferences. For more information visit: [www.GoTriangle.org/Carpool](http://www.GoTriangle.org/Carpool)

**Upgrade to a Vanpool**  
A vanpool is a group of 7-15 commuters who live and work in the same place and have similar schedules. Triangle Transit provides vanpools with a van, a gas card, insurance and maintenance. Vanpool riders pay a low monthly fee based on mileage. For more information visit: [www.GoTriangle.org/Vanpool](http://www.GoTriangle.org/Vanpool)

**Got an Emergency? Get an Emergency Ride Home**  
Triangle Transit will pay for your taxi ride or car rental on any day you use an alternative commute and have an unexpected emergency and need to get home fast. It's free! For more information visit: [www.GoTriangle.org/ERH](http://www.GoTriangle.org/ERH)

**Show me the Money!**  
Calculate how much money you can save by using alternative transportation at: [www.goTriangle.org/About/commuteCostCalculator.html](http://www.goTriangle.org/About/commuteCostCalculator.html)

# DURHAM BIKE & HIKE MAP

Map design by Greensway Incorporated. Cover photo by Dave Connolly. Funding provided by the City of Durham, Durham Chapel Hill-Carboro Metropolitan Planning Organization, and the State Trails Program within the N.C. Division of Parks and Recreation.

## Durham Bike & Hike Map

This map was developed using input from many sources, primarily those listed below. Thank you to the many individuals and organizations who contributed to this map:

- Durham Bicycle and Pedestrian Advisory Commission (BPAC)
- Durham Open Space and Trails Commission (DOST)
- Durham Parks and Recreation Department
- Durham City-County Planning Department
- Durham Transportation Department
- Durham County Open Space and Real Estate Division
- Town of Chapel Hill
- Durham Bike Co-op
- Local Residents and Bicyclists

Your input on future versions of this map is not only welcome, but is encouraged. We need your input to make this map as accurate and useful as possible. If you have comments, suggestions, or any ideas you would like to share about this map, please visit:

[www.durhamnc.gov/departments/transportation/bike\\_hike\\_map\\_comments.cfm](http://www.durhamnc.gov/departments/transportation/bike_hike_map_comments.cfm)

**An Important Note to Map Users**  
The designation of a street on this map does not guarantee any minimum road width, acceptable traffic volume or road condition. When using these streets, cyclists must exercise the same caution they would use on undesignated streets. Cyclists must rely on their individual levels of experience, skill, tolerance for cycling in traffic, weather, time of day, obstacles, road condition and other factors when evaluating or selecting a route. This map is no guarantee of personal safety and the City of Durham and the Durham-Chapel Hill-Carboro Metropolitan Planning Organization are not responsible for any acts committed by third parties which may pose a hazard to cyclists.

The routes suggested on this map follow public streets and roadways that are open to a variety of traffic. Many of these suggested routes do not include any special accommodations for bicycles, such as bicycle lanes or paved shoulders. Efforts have been made to suggest routes on less busy streets, but by necessity some route segments may be on streets with higher motorized traffic volumes and speeds than desirable. Cyclists using these routes must use caution when sharing streets with motor vehicles. Additionally, the bike routes that follow streets and roadways that allow motor vehicles may not be appropriate for use by children, as their ability to judge traffic conditions and driver actions is not well developed. In all cases, cyclists should obey the rules of the road.

**DURHAM CITY OF MEDICINE**

**DPR Parks & Recreation**

**bike walk durham.org**

**DCHC Metropolitan Planning Organization**

**DURHAM COUNTY**

## Transit Information (continued)

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# BICYCLING ON STREETS

**Obey all traffic regulations.**  
Riding predictably and following the law are the keys to safe bicycling on Durham streets. Knowing and following the rules help all road users properly anticipate and react to each other.

**To cross an intersection, use the lane farthest to the right that points to where you are going.**  
Follow lane markings to cross intersections. If you can't change lanes to turn left, ride across the street to the other side and align your bike with traffic.

**Motorists: Pass with care.**  
Giving at least 2 feet of passing space is the law, but at least 3 feet is courteous. Also, please slow down to pass (if you feel the need to pass quickly, it's not the right time to pass).

**The door zone is the 4 foot area along the side of a parked car where an opening door can hit and seriously injure a cyclist.**

**Biking on sidewalks can put you and pedestrians at risk.**  
Motorists often pull out of streets and driveways without checking for sidewalk bicyclists.

**Never ride against traffic.**  
Riding against traffic is dangerous and illegal. Motorists and pedestrians are not looking for cyclists riding the wrong way down a street.

**When necessary, use entire travel lane.**  
Move toward the center when the lane is too narrow for motorists to pass safely or when you're moving at the same speed as traffic.

**Look inside parked cars before you pass them.**  
If you're unable to see someone inside, move outside the door zone or slow down and carefully pass.

**Watch behind you.**  
Keep track of traffic behind you, so you'll know whether you have enough room when you surge suddenly out of the door zone. A mirror helps you see traffic behind you as you pedal forward.

**Use the through lane to go straight, not the turn lane.**

**Make eye contact with drivers and watch motorists coming towards you who may turn left.**  
Pay attention to their road position and, of course, any turn signals.

**Ride in a straight line.**  
Avoid weaving between parked cars. Ride in a straight line at least 4 feet away from parked cars to avoid the door zone (see below).

**Keep an eye on the motorist coming up on your left who might turn right.**  
Listen for hints that the car might be slowing down. Motorists: yield to bicycles as you would to other vehicles on the roadway.

**When riding in a bike lane, ride on the left side of the lane, at least 4 feet from parked cars.**